



Chewy Flax Granola Bars

$\frac{1}{2}$ cup butter, melted
2/3 cup peanut butter
1/3 cup honey
1/3 cup brown sugar
2 tsp. vanilla
1/3 cup Natunola® health's delight
Shelled Flax Meal
1/3 cup Natunola® health's delight
Shelled Flax Kernel
3 cups rolled oats
1 cup raisins, cranberries or chocolate
chips



Melt the butter. Add to mixing bowl then stir in the peanut butter, honey, brown sugar and vanilla. Mix in the Natunola® health's delight Shelled Flax Meal, Natunola® health's delight Shelled Flax Kernel, rolled oats and the raisins, cranberries or chocolate chips.

Press into a 9" x 13" pan. Bake at 325°F for 15 - 20 minutes. **Cool completely before cutting.**

Yields approximately 18 squares.