



Flax Ginger Snaps

3/4 cup shortening
1 cup sugar
1 egg
1/4 cup molasses
1/2 cup **Natunola® health's delight Shelled Flax Meal**
1 1/2 cups all-purpose flour
2 tsp. baking soda
1 tsp. cinnamon
1/2 tsp. cloves
1 tsp. ginger
white sugar



Cream together shortening, sugar and egg. Add in molasses and stir well. Mix in Natunola® health's delight Shelled Flax Meal, all-purpose flour and baking soda. Mix well.

Stir in cinnamon, cloves and ginger and form mixture into balls. Roll balls in sugar, place on a baking sheet and flatten with a fork.

Bake at 325°F for 13 - 18 minutes. Remove from baking sheet and allow to cool.

Yields approximately 2 1/2 dozen cookies.

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