



Hoisin Flax Green Beans

1 lb. fresh green beans, ends trimmed
2 tsp. hoisin sauce
2 tbsp. peanut butter
1 tbsp. soy sauce
1 tbsp. sesame oil
2 tsp. grated ginger
 $\frac{1}{4}$ cup Natunola® health's delight Shelled
Flax Kernel



Cook green beans in a large pot of boiling water until desired tenderness. Drain. Transfer to a bowl.

Combine the hoisin sauce, peanut butter, soy sauce, sesame oil and ginger and heat slightly. Pour over beans and toss. Sprinkle with Natunola® health's delight Shelled Flax Kernel and toss again. Serve immediately.

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